

Bangor Ladies Hockey Club



Dear Member

It's that time of the year again when we look forward to the start of the new season! At the AGM held on 3 June 2020, the following committee members were elected for 2020/21:

Chairperson	Amanda Huston	07853834444
Treasurer	Lyndsay Turner	07894433397
Honorary Secretary	Steph Mashal	07912288291
Registration Secretary	Katherine Polly	07999076013
Match Secretary	Val McKibbin	07877 569817
Social Secretary	Tracy O'Hara	07780705687
	Emma Rayner	07789914935
	Jen Kimber	07870422495
Social Media Secretary	Rachel Groves	07907669766
Data Protection Controller	Lyndsay Turner	07894433397
Junior Club Coordinator	Mike Kimber	07792329322
COVID-19 officer	Amanda Huston	07853834444
Welfare officer	Steph Mashal	07565318068
Child Safeguarding Officer	Caralyn Scales	07917611689
	Laura Hamilton	07712624109

Website: <https://bangorladieshockeyclub.org/>

Facebook: <https://www.facebook.com/Bangor-Ladies-Hockey-Club-557793641396529/settings/?tab=settings>

Team Captains

1XI – Amber Dempster	07428063936
2XI – Emma Rayner	07789914935
3XI - Lyndsay Turner (interim)	07894433397
4XI – Lynsey Sloan	07487691504

Registration

All Club members are asked to please complete online Membership Registration by 30 September 2020 at <https://bangorladieshockeyclub.org/>.

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COVID-19

All attendance at training and matches must be booked via our Spond app to ensure we can track/trace players in line with Government and Ulster Hockey COVID-19 requirements.

Club members and coaches are also asked to complete a COVID-19 health declaration before attending their first training session. This declaration can be completed online or using our standard declaration form and should be returned to Amanda Huston electronically (amandahuston1@gmail.com). By completing this declaration, Club members/coaches acknowledge and confirm that if any future symptoms arise, attendance at training/matches will immediately cease (until their isolation period has been completed) and contact will be made with our COVID-19 officer, Amanda Huston so the Club can take any action necessary to ensure player safety.

Car sharing when travelling to games is not advised. If you are unable to make your own way and need to share lifts, please ensure all car occupants wear a mask, social distance, sanitise hands/car and drive with car windows down. Please contact your captain if you are unsure.

Pre-season, training and matches

This season we are delighted to welcome back Gareth Stranaghan, Matthew Armstrong Sanchez and Ross McCoey-Allen as our 1XI/2XI/3XI coaches (respectively), with support from Marcus Ross and Theo Craig in our senior coaching team.

Pre-season is well underway, with pitch training recommencing on Wednesday 26 August 2020 at Aurora. From week commencing 21 September 2020, training times will change slightly on Wednesday evenings:

- 3XI and 4XI 6.50 – 7.50pm
10 minute changeover
- 1XI and 2XI 8 - 9pm

There is also an additional training session for the 1XI on Monday evenings at Aurora, 7.30pm-8.30pm. All warm up sessions will be off-pitch prior to matches/training commencing - times will be communicated via Spond.

Any changes to training will be advertised via Whatsapp Group chats and on Facebook.

Due to the COVID pandemic, match times are subject to change, however, for the moment we will endeavour to run a similar approach to last season ie 1XI home matches will be at Aurora at 4pm on a Saturday.

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2XI home matches will be held on a Friday evening at Londonderry Park (during October until Bangor Grammar opens for third party use) or Aurora (passback to be confirmed). We will endeavour for 3XI home matches to also be on Friday evening subject to pitch availability (time and venue to be confirmed). 4XI home matches will be on a Saturday.

Subscription

Our annual subscription details are set out in the table below:

Member	Subs
Adult membership	£185
Student / Unemployed membership	£155
Senior club schoolgirl membership	£145
Veterans membership (max 8 training sessions)*	£30

*veteran games will continue to carry a £5 sub for matches (unless you have selected an adult membership)

There are 3 ways to pay:

- Online registration – go to our website, where you can register and pay your subscription over 12 months (much more affordable!) – registration must be completed by 30 September 2020.
- Standing Order – you can select how many payments to make.
- Cheque or cash (made payable to Bangor Ladies Hockey Club) to Lyndsay Turner (our preference would be to avoid these options due to COVID so that all payments are contactless, either online or direct to the Club account).

If you have not completed registration online by 30 September 2020, you will need to pay via standing order/cheque/cash. If you are paying by cheque or cash, 50% of the annual subscription must be received by 30 November 2020 so we would encourage you to set up payments via standing order or bank transfer.

Our Club details are:

Account Number: 91114026
Sort Code: 950252

Please include your name as a payment reference so we can keep track of payments.

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Kit

From 21 September 2020 (tbc), kit can be ordered online at our website:

<https://bangorladieshockeyclub.org/>

There is a 4 week lead in for kit currently and this will be delivered directly to you. If you have any queries about kit, please contact our Club kit co-ordinator, Debbie Ferguson (07568153605).

Social

Please endeavour to support the club at all social events throughout the year as many of these events not only help to develop team and club morale but also help to raise much needed funds for the club.

Our Social Secretaries would love to hear from anyone who has suggestions for fundraisers or social events. Keep your eyes peeled on our Facebook page for upcoming events.

Safeguarding

BLHC takes its responsibilities to safeguard all members seriously. As a result, Caralyn Scales and Laura Hamilton are the Designated Safeguarding Children's Officers for the Club and can be contacted with any concerns or issues around inappropriate behaviour by players, parents, coaches or volunteers. All conversations will be treated as confidential whilst investigations are being undertaken.

Contact details are provided on page 1.

GDPR

We have reviewed the Club's use of Personal Data and have prepared a Data Privacy Policy dated 24 May 2018 (see enclosed). We encourage you to read this carefully. This will be reviewed and updated periodically.

You can also find this on our website: www.bangorladieshockeyclub.org.

For more details, please address any questions, comments and request regarding our data processing practices to Bangorladieshockeyclub@gmail.com or contact our Data Protection Controller, Lyndsay Turner.

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Input into your club

The committee meet each month and we would very much welcome any suggestions on fundraising, social events and general club organisation.

September 2020

